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		Summary:	Equine facilitated podescribe intervention horseback riding act psychotherapeutic recognizes the risin therapy programs, of documented usage highlights the limiter published research was conducted to enhealth practitioners the results, and impodissertation further consideration, and of Following this is a threatment program, Me! is a 12-week El ten. The program is difficulties commond Attention-Deficit/Hy/ Pervasive Developr Specified (PDD-NO dysregulation, probland difficulties form relationships. The dimanualized outline incoprorates guidan utilizing horsemand of the program.	ns that tivities we lations ground its cussed and effid availation the fixplore to in the filication dentified evelophorough EFP is EFP programmers and issertation of EFP ce in passed to each of EFP	utilize hors within the obship. This carity of anies the aneidacy of EF billity of embly billity bis areas for ment in the introducti Right for Maram for ched to addred to addred by childred bis order Neuding symmoleting gamaintaining in include its Right for arthering witivities through the arthering with the arth	ses and/context of dissertate mal-ass codotal are programmed. A brief practice. This seased branches are a conto the del EFP ildren are ess sommer (ADHI of Other totoms of coal-orier as social es a user Me!, are inthemediated as a user melling and the color of the color of the codo and the color of the codo and the	or of a ion isted ams, and ams, and survey s of menta abstudy, defly this ch, or encluded is Right for ges six to e of the book of the book of the course and the course	l, Il r			
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Abstract:

Equine facilitated psychotherapy (EFP) is a term used to describe interventions that utilize horses and/or horseback riding activities within the context of a psychotherapeutic relationship. This dissertation recognizes the rising popularity of animal-assisted therapy programs, discusses the anecdotal and documented usage and efficacy of EFP programs, and highlights the limited availability of empirically-supported, published research in the field of EFP. A brief survey was conducted to explore the current practices of mental health practitioners in the field of EFP. This substudy, the results, and implications are discussed briefly. this dissertation further identifies areas for research, consideration, and development in the area of EFP. Following this is a thorough introduction to the included treatment program, EFP is Right for Me! EFP is Right for Me! is a 12-week EFP program for children ages six to ten. The program is designed to address some of the difficulties commonly faced by children diagnosed with Attention-Deficit/Hyperactivity Disorder (ADHD) or Pervasive Developmental Disorder Not Otherwise Specified (PDD-NOS), including symptoms of behavioral dysregulation, problems completing goal-oriented tasks, and difficulties forming and maintaining social relationships. The dissertation includes a user-friendly, manualized outline of EFP is Right for Me!, and incoprorates guidance in partnering with horses and utilizing horsemandship activities throughout the course of the program.

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