

Hippotherapy and therapeutic riding highlight!

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Abstract

Horses have always been appreciated by humans for their strength, beauty and gentle demeanor. Children, especially, have gravitated toward them and many experience their first horseback riding lesson at a young age. However, horses can play a very different role in the lives of children and adults with disabilities. Through both hippotherapy and therapeutic riding, organizations all over the country are bringing the experience of horse-related therapies to those in need and changing the lives of individuals with special needed and their families.

Exceptional Parent, 2007

Jun; 37(6): 28-34.